



Betty Smith

44 yrs

My Dashboard

My Body

My Lifestyle

My Mind

My Bloods

My DNA

My X-Rays

My Risks

My Assessment Schedule

Switch between
Consumer and
Provider role

CONSUMER CARD

DEMOGRAPHICS

Born: 4 Apr 1972
Gender: Female
Height: 170 cm
Weight: 58 kg

MEDICAL HISTORY

Conditions: Atrial Fibrillation
Diabetes (Type 2)
Allergies: Nil Known

GOALS

Goal Weight: 75 kg
More Energy
Run a marathon

MY HEALTHCARE TEAM



Ajay Isawesome
Personal Trainer



Dr Phil Headcase
Doctor

MY GROUPS

Toorak Mums
Commonwealth Bank

MY DEVICES

FitBit
Apple Watch

SUPPORTED BY:

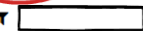


Company 1



Company 2

Timeline



- Event 1 Date
- Event 2 Date
- Event 3 Date
- Event 4 Date
- Event 5 Date
- Event 6 Date

HEALTH SCORECARD

MY BODY

My MotivAGE



5 yrs
Younger
xx/xx/xx

Current score

MY LIFESTYLE

Score



78
out of 100
xx/xx/xx

Progress scores

MY MIND

Score



78
out of 100
xx/xx/xx

MY BODY

Weight



58 kg

Body Fat



22.0 %

VO2 Max



37.4

Push Ups



8 reps

Current score

Progress scores

MY LIFESTYLE

+

+

+

+

MY BLOOD TESTS

Total Cholesterol



5.6 mmol/L

+

MY DEVICES

Resting Heart Rate



68 bpm

Daily Steps



7,800 steps

MY RISKS

+

+